



Sutherland Cranial College OF OSTEOPATHY



ANNUAL REVIEW 2014 - 2015

Chair's Report

from Susan Farwell



CHAIR: Susan Farwell
with her husband, Nicholas Rodger.

Achievements

This year, we concentrated on establishing better links throughout the College, especially with Germany and Spain. David, Sally and Susan travelled to Hamburg in May to talk with German faculty members. We all came away with a better understanding and sense of unified purpose.

The much welcomed Paediatric Osteopathy Diploma (POD) was launched. Also, the first M2 was taught in southern Germany. An informal Faculty Peer Support Group (FPSG) has been set up and is well supported by faculty.

Education

As last year, we ran 20 courses, but with 547 students; 57 fewer than previously. However, as these were all multi- rather than single-day courses, more teaching was delivered.

Pathway numbers remain steady in the UK and Germany, despite a difficult year for M2 in the UK. Increasing concern over falling UK M2 numbers has led to the course being re-costed, making it non-residential and "as cheap as possible" without impacting on teaching quality.

Trustees clarified which graduates can take M2 without having taken M1. Following requests from experienced non-SCCO osteopaths, an application process is now in place to dispense with the requirement to do M2. This involves a small fee and presenting one's case in writing to a nominated Trustee. As yet no one has used this route. After discussions with Nick Woodhead, Trustees also decided that the Rollin Becker 5-day basic course, taught at the BSO, would also serve as an equivalent to our

M2. Furthermore, after discussions with Zenna, it was decided to agree the equivalency of the German-run BLT with M4 which will now count toward the Pathway. Zenna acts as SCCO validator.

Course planning is now 2 years in advance. This allows us to co-ordinate properly with Germany and avoid diary clashes.

Trustees looked at the costs and benefits of tutor training. Trainee tutors now fund their own training (as in the wider education world) but are supported through their observations. As a result, the AT scheme is flourishing. A lack of awareness of differing policies and procedures between the UK and Germany had led to a communication gap, which has been addressed. Details of the decision-making processes are available in Trustee bulletins and



William Garner Sutherland

CHARITABLE OBJECTIVES

To advance the further education and training of graduates and undergraduates and others qualified in osteopathy, medicine, dentistry and related areas and sciences.

Promoting and teaching the principles of osteopathy as conceived by Andrew Taylor Still and developed by William Garner Sutherland.

Disseminating a general knowledge of the philosophy of the therapeutic indications of osteopathy in the cranial field, encouraging physicians and stimulating continued study for greater proficiency in the practice of osteopathy.



Rule of the Artery course at Hawkwood

minutes. There is a need for Spanish and German faculty members.

To address confusion surrounding case study assignments, we now have a chargeable mentoring and assessment system; the Enhanced Learning Programme. The Trustees are considering how we might establish user-friendly regional mentoring.

Dianna Harvey is currently acting EdCom Chair, standing in for Warwick Downes.

Trustees have agreed to retain two categories of Observers with slight revisions. These are: Fellows observing one, previously taken module biennially at 75% cost; Faculty and trainee faculty observers financing their own accommodation and/or delegate rate. Course notes will be supplied electronically and there will be no administration fee. They are eligible to attend the pre-course meeting and can access course documents electronically.

Research

The infantile colic programme continues and will complete next year. No new projects have been commissioned in the year but the research committee have been exploring opportunities for good value evidence collection using patient surveys.

Governance & Management

The office is running well. Sally has increased her commitment to three days a week. Serena Fisher is our Administrator, Carmen Chapronière began as our Marketing Assistant on 3rd August (the Marketing Assistant during last year was Chloe Amos) and Corina Lange is our Finance Officer. Marianne Mettjes is our German Administrator.

Membership & Fellowship

We have three new Fellows which now total 141.

Our Membership during the year was 453 of which 138 were

Fellows and 439 Members.

Communication

On 10th February our website received over 1000 hits in a day for the first time.

John Silverstone generously agreed to edit our Magazine.

The Trustees have discussed improving communication and provision for our Spanish contingent with Peter Cockhill and Jose Apeztegia.

The Osteopathic Alliance has formed a group of osteopaths, to negotiate with the Advertising Standards Agency. In September, they met the GOsC and the ASA. Our SCCO representatives have been Liz Hayden and Warwick Downes, with Ben Katz acting as OA co-ordinator.

Conclusion

In a "better than expected" year we are starting to reap the benefits of our relaunch.

Financial Review

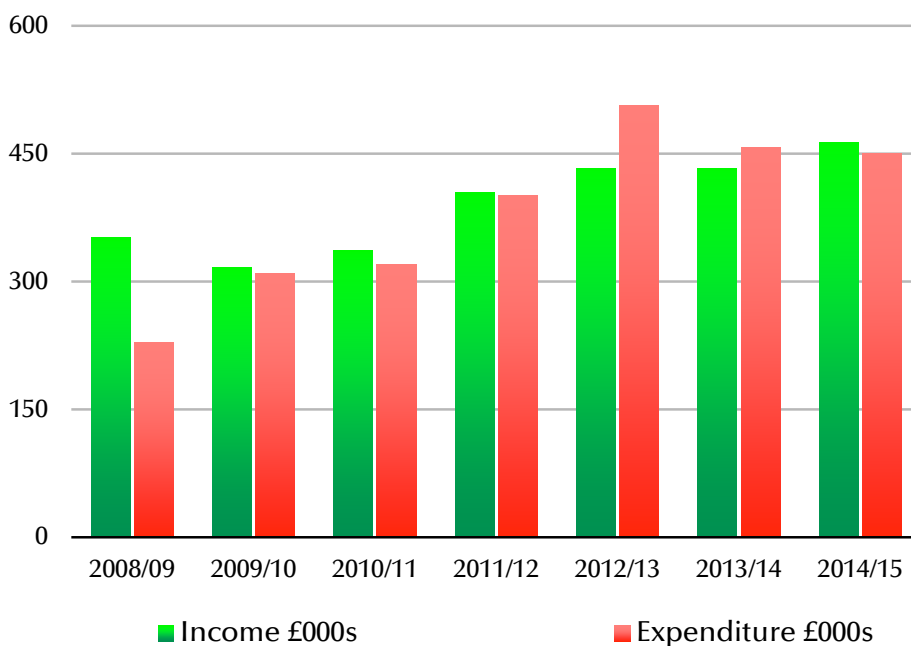
from David Douglas-Mort



This has been a year of considerable improvement in our finances. Our income increased to £462,742 and our expenditure reduced to £450,381 which has given us an operating surplus of £12,361. A substantial improvement on the £25k deficit of last year, with a positive increase in our investment valuation of £23,187 our total increase in funds was £35,548.

The staff and technical changes of last year have resulted in more efficient working, increased income and careful consideration of necessary expenditure. We must recognise that the general economy is in a happier place too but we would not have been able to capitalise upon this without the operational improvements that have been put in place. The Trustees are thankful to all CDs, Tutors and the staff who have helped make this such a successful year.

FINANCE HISTORY



	Income £000s	Expenditure £000s
2008/09	351	228
2009/10	317	310
2010/11	336	320
2011/12	404	401
2012/13	433	506
2013/14	433	457
2014/15	463	450

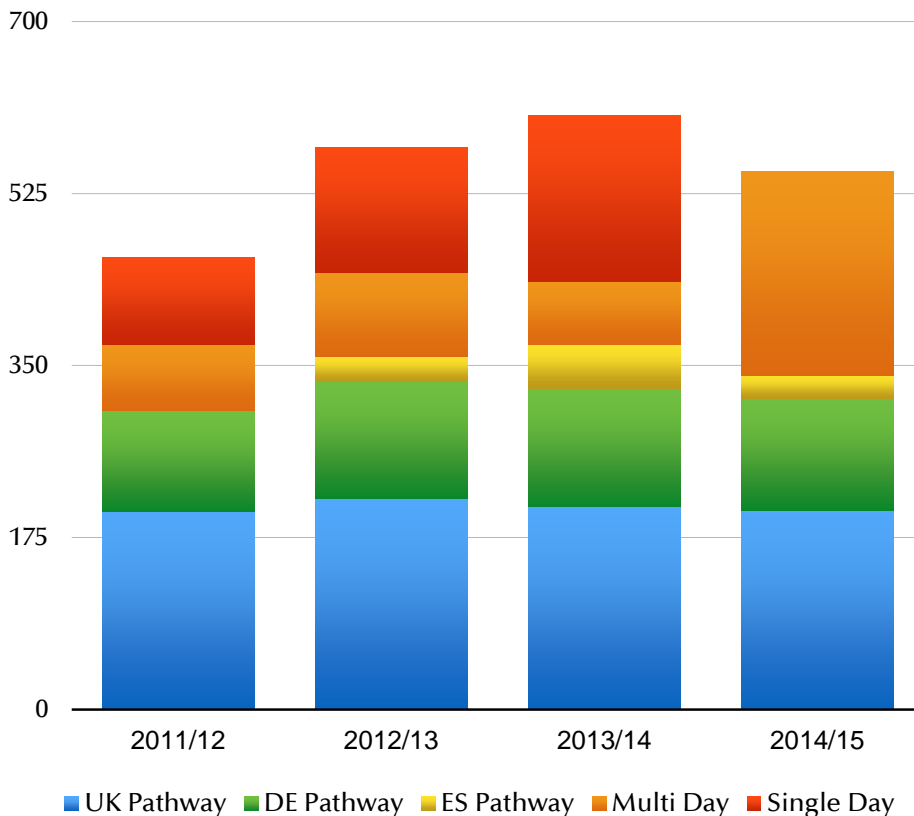
Interests & reserves

We have invested our reserves in a specialist charities fund and this has returned a 6% increase in capital and 4% dividend income over the year. Thus, at the end of July 2015 our investments stood at £372,360 which is within our policy of holding a minimum 12 month operating reserve.

Fundraising & other income

For the first time this year we raised sponsorship for our conference adding £1k to the available budget. We have also started a book stall on the website

STUDENT NUMBERS



from which we take a small commission, and a recruitment and small ads section from which we take a fee for each posting. These small innovations help us spread our financial risk and are anticipated to grow in the future.

We are grateful to the BLT Faculty who donate their speaking fees at external events to provide bursaries for new graduates for the BLT course, providing 8 places this year.

Costs & savings

The staff wage roll increased last year and will increase again next year as our CEO, Sally Pettipher, is increasing her part-time hours from two to three days per week. Given the projected growth in courses and income next year, we consider this a sensible provision and the budget for next year allows for this increase.

There were no exceptional costs this year although we have increased our IT and web costs a little, with a good return on

investment in the improved quality and efficiency of our financial and marketing administration.

There were savings made in other areas which will come back onto the balance sheet next year. A delay in the Infantile Colic research project meant that the costs of this have been deferred to the coming year, and the costs for the recently published magazine will fall in this coming year rather than the one ending July 2015

Investing in the future

The surplus from 2014-15 will be invested in greater charitable works this year. We will support additional bursaries for students, research and support for our faculty.

Fellows and Members support

This year we introduced a wider package of benefits for our Fellows and Members. Last year the annual Fellows and Members subscription increased to £50 in the UK and £60 overseas. This year we levelled this off to £50 regardless of location.

JULY 2015		2011/12	2012/13	2013/14	2014/15
UK					
M1 Foundation Courses		20	31	12	17
M2 Autumn - London		42	34	40	28
M2 Spring - North		32	34	20	23
M3 Osteopathic Med (ex Int Med)			19	18	
M4 BLT		42	34	23	34
M5 In Reciprocal Tension		21		25	20
M6 Neurocranium				36	
M7 Spark			30		28
M8 Face		28		33	
M9 Paeds		17	33		39
M10 Integration into Practice					14
Sub Total - UK Pathway students		202	215	207	203
Germany					
M2 Autumn/Winter		40	39	40	40
M2 Spring/Summer		40	40	40	39
M5 IRT				40	
M6					35
M7			40		
M8		22			
Sub Total - DE Pathway students		102	119	120	114
Spain					
M2			25	22	
M9				22	
M8					23
Sub Total - ES Pathway students		0	25	44	23
Non Pathway multiday courses					
ROA		21	36		
Trauma		24	7		
Natures Voices		22			
Architecture of Balance			25		
Temporal Factor			18		
Research Conference				57	
Fellows level - Rachel Brooks x 2 w/e					54
Fellows level - Infant Feeding					40
Osteo Education				8	12
3rd age					77
Paediatric Diploma					24
Sub Total - Multi day courses		67	86	65	207
Single day courses					
ROA Taster					
M7 workshop			40		
M8 Day		22			
M9 Paeds workshops			17		
M8 Germany workshop		21			
M2 refresher		28	13	0	
M4 refresher		18	12	9	
AGM workshop			45	33	
AT Still workshop				49	
AT Still conference				77	
Sub Total - Single day courses		89	127	168	0
TOTAL students		460	572	604	547
Number of courses		17	20	20	20
Ave students per course		27	29	30	27
UK Pathway		202	215	207	203
DE Pathway		102	119	120	114
ES Pathway		0	25	44	23
Multi Day		67	86	65	207
Single Day		89	127	168	0
Other provision (not counted in student numbers)					
Rollin Becker Memorial Lecture				99	0
Faculty Development Weekend				24	30
Other Total		0	123	30	0

Members and Fellows already receive complimentary copies the SCCO magazine, and inclusion in the Search for an Osteopath function on the website.

In addition, this year, we have introduced generous discounts on many of our courses for Members and Fellows.

Education



BOARD OF TRUSTEES: Susan Farwell, David Douglas-Mort, Katharina Hass-Degg, Pamela Vaill-Carter, Mark Wilson

Courses

The quality of our courses continues to be evident in our student feedback with very high satisfaction levels and positive feedback. For example (insert positive feedback quotes)

As in the previous year we struggled to fill the UK Module 2's and had our lowest year ever with only 51 UK M2 students, down from 74 in 2011/12. The evidence was that we were losing out to cheaper alternatives, so we have pared this course right down to the basics, and can now offer it at a competitive price especially with our bursary support for new graduates. This has led to a strong revival in numbers and we are extremely grateful to the Faculty involved for their help with this.

There was a very successful 3rd Age conference this year, with exactly the same delegate numbers (77) as the AT Still Conference the previous year. Offering lectures in the mornings and workshops in the afternoons has become an established and successful format, and the subject matter was widely praised as new and valuable.

We introduced a new "Fellows Level" category of courses this year, starting with an extremely successful pair of weekends with Rachel Brooks in the winter.

Finally, we started our new Paediatric Diploma with a full compliment of 24 students. Their first POD weekend was in July 2015

and we wish them all well as they progress through the programme over the next year.

International

This year 25% of our students attended courses in Germany (20%) and Spain (5%). In the UK we welcomed students from across Europe, the Middle East and even as far away as New Zealand.

As demand continues to be strong in Germany the need for new Faculty to ease the frequency of teaching for current German tutors has led to the recruitment of additional trainees. After a rigorous interview process we are delighted that four new tutors have started their training, joining an existing group of eight international tutors who are nearing completion of their training.

We have also recruited bi-lingual osteopathic students studying in the UK who are able to translate for German students on UK courses, and this provides another route for international students to join our Pathway while easing the waiting times in Germany.

Fellowship

We are delighted that this year three people have completed the Pathway and assignments, and

been welcomed into Fellowship. They are: Erika Dannmayr, Caroline Harmsworth and Rebecca Winsor.

Courses & Student Numbers

United Kingdom

M1: Foundation Course	17
M2: Autumn - London	28
M2: Spring - North	23
M4: BLT	34
M5: In Reciprocal Tension	20
M7: Spark in the Motor	28
M9: Intro to Paediatrics	39
M10: Integration into Practice	14

Germany

M2: Autumn/Winter	40
M2: Spring/Summer	39
M6	35

Spain

M8	23
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Fellows-Level

Rachel Brooks x 2 w/e	54
Infant Feeding	40

Conference

Third Age	77
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Other

Paediatric Diploma	24
Tutor Training Programme	12
Faculty Development W/end	30



TRUSTEE: Warwick Downes

Research, Representation & Charitable Activity

Research

This year the Infantile Colic Feasibility Study commenced with a blind screening pilot which will run until the necessary numbers have been recruited. This will lead into a further pilot of sham treatment vs OMT and finally into a final 3-arm OMT / no intervention / sham intervention trial during 2016.

Research which was initially presented as a paper at the Hidden Treasure research conference was amplified into a full Fellows-level training weekend during the year.

The Research Committee considered the possibility of different clinic presentations for patient reported outcome studies and these continue to be discussed.

The National Council for Osteopathic Research presented their development of an online patient feedback system to the SCCO POD Faculty and students. This is now being trialled by one of the Paediatric Diploma Faculty and is being considered for the gathering of evidence from parents and young patients.

Representation

The SCCO continues to contribute to the GoSC consultation on CPD reform, and sits on the Osteopathic Alliance.

Recently increased concern about ASA regulations has led to concerns voiced by our Members and Fellows being fed back to the OA who are working on a response

from across the Osteopathic profession.

Three SCCO representatives were at the recent Institute of Osteopathy conference as presenters, panel members, and session leaders; widening the reach and recognition of the SCCO.

Sponsorship & commissions

We were extremely grateful to three generous sponsors who supported the 3rd Age Conference in this year: Back in Action, Handspring Publishing and Balens, the osteopathic insurance company. The partnership with Handspring has led to a new book stall on the SCCO website featuring their specialist osteopathic publications. Sales of books provide a small commission to the SCCO which is invested in our research and bursary funds.

Following requests from a

number of Fellows and Members, we have introduced a Recruitment & Small Ads page on the SCCO website. For a small fee recruitment adverts and items for sale can be promoted, with these fees being channelled into our research and bursary funds

Charitable activity

This year, thanks to the generosity of a number of BLT tutors, donations were received sufficient to fund 8 bursaries of £300 to help new graduates to attend the BLT course. The SCCO scholarship committee approved applications from 4 recent graduates for 50% of the cost of attending Module 2.

In addition, new graduate bursaries of £150 were given to all recent graduates booking onto M2, and vouchers of £75 given to all M1 students for use on further Pathway courses.



Last Year's Annual General Meeting



Sutherland Cranial College OF OSTEOPATHY



Our first German Module 2 course in Bernried



TRUSTEES

Chair of Trustees:	Susan Farwell
Treasurer:	David Douglas-Mort
Education Committee:	Warwick Downes
Marketing:	Pamela Vaill-Carter
German Trustee:	Katharina Hass-Degg
Other Trustees:	Mark Wilson Zenna Zwierzchowska

STAFF

Chief Executive Officer:	Sally Pettipher
Administration:	Serena Fisher
Finance:	Corina Lange
Marketing:	Carmen Chapronière
German Administration:	Marianne Metjes

SCCO

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Website:	www.scco.ac
Registered Charity No:	1152353

“When all of the fulcrums are
synchronised there will be
peace and harmony.”

~ William Garner Sutherland DO

